



Raspberry

Nutrition Facts

Serving Size 1/2 cup (83g)
Servings Per Container

Amount Per Serving

Calories 70 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 80mg 3%

Total Carbohydrate 17g 6%

Dietary Fiber 3g 12%

Sugars 6g

Sugar Alcohol 3g

Protein 4g

Vitamin A 0% • Vitamin C 2%

Calcium 15% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS:

Pasteurized and Cultured Skim Milk, Maltodextrin, Raspberry Puree

(Raspberries, Water, Malitol, Natural and Artificial Flavor, Citric Acid, Locust Bean

Gum, Red #40, Blue #1), Nonfat Dry Milk, Whey, Polydextrose, Sorbitol, Milk

Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Modified Food Starch,

Pectin, Cellulose Gel, Sucralose, Acesulfame Potassium. Contains the following live

and active cultures: S. thermophilus, L. bulgaricus, L.lactis and L. acidophilus

