# Island Banana

## Nutrition Facts

Serving Size 1/2 cup (83g)
Servings Per Container

| Amount Per Serving | |
|---|---|
| **Calories** 100 | Calories from Fat 0 |
| | % Daily Value* |
| **Total Fat** 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| **Cholesterol** 5mg | 2% |
| **Sodium** 80mg | 3% |
| **Total Carbohydrate** 21g | 7% |
| Dietary Fiber 0g | 0% |
| Sugars 17g | |
| **Protein** 3g | |

| | |
|---|---|
| Vitamin A 0% | • Vitamin C 2% |
| Calcium 10% | • Iron 0% |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Live & Active Cultures

**INGREDIENTS:**

**Pasteurized and Cultured Skim Milk, Sugar, Corn**

**Syrup, Banana Puree, Whey, Nonfat Dry Milk, Natural Flavors, Milk**

**Protein Isolate, Cellulose Gum, Guar Gum, Carrageenan, Modified**

**Food Starch, Pectin, Annatto Extract (color). Contains the following**

**live and active cultures: S. thermophilus, L. bulgaricus, L. lactis**

**and L. acidophilus**