



Honey Lavender Tart

Nutrition Facts

Serving Size 1/2 cup (83g)
Servings Per Container

Amount Per Serving	
Calories 90	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Total Carbohydrate 19g	6%
Dietary Fiber 0g	0%
Sugars 14g	
Protein 2g	
Vitamin A 2%	• Vitamin C 0%
Calcium 6%	• Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

INGREDIENTS:

Pasteurized and Cultured Skim Milk, Water, Sugar, Corn

Syrup, Nonfat Dry Milk, Skimmed Yogurt Powder, Citric Acid, Natural

Flavors, Food Starch, Carrageenan, Pectin, Fruit and Vegetable Juice (for

color). Contains the following live and active cultures: *S. thermophilus*, *L.*

***bulgaricus*, *L.lactis* and *L. acidophilus*.**

